



the FISH Swim Team 13404 Birch Bark Ct, Fairfax, VA 22033
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Dear NVSL Team Reps -

McLean, August 4th, 2010

As the 2010 NVSL is coming to an end, we are approaching you with a tremendous opportunity to keep your swimmers in the water during the winter season. The FISH is in the fortunate position to offer a once per week practice to the NVSL community and its swimmers starting Saturday, October 23rd, 2010 through Saturday, May 21st, 2010. Many NVSL teams have their winter swim program already set up. However, if you don't have the coaches or the number of swimmers to provide a winter program for your swimmers, we will do it for you. Practice location will be at Wakefield RECenter in Annandale and practices will be conducted on Saturdays from 6:00 – 7:00 PM.

All swimmers of all ages and skills who competed in A meets are welcome. The charge for the entire season is \$200. Please let us know if you as a team or if any individual swimmers of your team are interested in participating in this opportunity. As soon as we know that you are interested, will send you more detailed information such as a pre-registration form, holiday schedule etc..

We are looking forward to hearing from you.

Best regards,

Monika Paris

(Team Manager)