



## Lincoln Park Civic Association

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# Lincoln Park News

## May 2009

### Invasive Plants in Lincoln Park

By Susan Turnbach

Non-native, invasive plants are threatening habitats worldwide, from tropical ecosystems to polar regions. These plant invaders alter habitats and reduce biodiversity. They cause ecological and economic harm. Experts consider these plants to be the second most serious threat to the quality of our natural areas and their ability to support wildlife. Scientists estimate that 14 million acres of land (about half the size of Virginia) in the U.S. are newly infested each year!

Invasives have taken a firm foothold in many parts of the state and everyone's help is needed to reclaim our natural areas. Removing invasive plants and sowing native flora is a fantastic way to restore water quality and wildlife habitat in any biome.

Garlic mustard (*Alliaria officinalis*) is found in most areas of Virginia. It is easy for people to identify and easy to pull without any experience or tools necessary. In most areas of the state, it will also be before the plant has produced



seeds and could be composted on site (pull and drop method), reducing the need for bagging and landfilling. We highly suggest this as a target species for removal if it is a problem plant in your area. However, we hope organizations will help to mobilize volunteers in any fashion which promotes the issue of invasives and restoration of our natural areas.

Volunteers interested in tackling invasive plants in Lincoln Park, please contact Susan Turnbach at (703) 642-9022. For more information the Virginia Native Plant Society website or the Fairfax County Park Authority website.

### Next Association Meeting

Please join us!

**Wednesday, May 6**

**Holmes Middle School**

**The Library**

**7:30 P.M.**

### Upcoming Events

- **LPCA Meeting, June 3**
- **The LPCA is planning a clean up day in June. Date and times to be announced as soon as we have them available.**

### Keeping Lincoln Park Clean

By Christine Adams

Lincoln park could use some spring cleaning. Whether it be the odd piece of paper or a plastic bottle which has blown out of a recycle bin or a coffee cup deliberately tossed from the window of a passing car, trash is visible. The sight of this trash does not reflect well on our neighborhood. It sends a message that we don't care when the truth of the matter is a lot of us are probably just too busy to notice or do anything about it.

The warmer weather is upon us and with that the opportunity to get out and clean up our little part of Lincoln Park. Taking care of that spot right in front of your house isn't a big job and if we all do our part, picking up stray trash in our yards, the beautification of Lincoln Park will have begun!

Take the time now to rake up leaves left over from fall. This time of year generally brings more rain, possibly even thunderstorms. It is extremely important that we clean the leaves out of our ditches. Clogged ditches lead to clogged drains and as a result flooding and possible property damage which can be extremely costly.

## April 2009 Meeting Summary

By Ginger Shea

**Neighborhood Watch:** Julianne Wojay reported that she noticed that the Camelot Civic Association had a block parent program, where certain volunteers could have their house available to children who needed assistance when their parents were not home. Hyra Chudy, the chairman, and Evelyn Colbert, the co-chairman of the Strawbridge Residents' Advisory Council, discussed the possibility of coordinating the Neighborhood Watch programs between Strawbridge Square and Lincolnia Park. They reported they were instrumental in getting new lights in their area. Michael Mills said he had checked the cost of purchasing parking decals for cars. A number of years ago the civic association had distributed "LP" decals to help identify the cars of residents. He said 1000 vinyl decals could be purchased for 40 cents each. Rita Zimmerman said she preferred a window cling sticker rather than a bumper sticker. There was a discussion of offering both types of stickers. Stan Krafft said he had picked up 25 beer bottles on Yuma Court two weekends in a row.

**Publicity:** Michael Mills said that he looked into to the best way to set up an email announcement list and concluded that Google would be a better system than Yahoo. He said he could arrange to be the administrator. Rita Zimmerman volunteered to be the co-administrator.

**Newsletter:** Ginger Shea read an email from Lois Czapiewski to Christine Adams discussing a proposal to include a Thrift Shop column in the newsletter for brief notices from residents. She discussed the possibility of noncommercial, no-cost ads from Lincolnia Park residents.

**Environment:** Dan Cable said he was going to try to schedule the Clean-up the Park day for June. He noted that he was interested in getting people to help pick up trash along the roads and would welcome help from Strawbridge Square residents. He said he had not found someone interested in working on the new Lincolnia Park sign. Michael Mills said he would work on this issue.

**Transportation and Safety:** Rita Zimmerman said that she and the other three members of the Traffic Calming Task Force (Jeff Cohen, Ellen Mayer, and Angela Sapp) would meet in Penny Gross's office April 20.

**Yard Sale:** Ginger Shea reported that Georgia Green had scheduled the yard sale for April 25 from 9 A.M. to 2 P.M., with a rain date of April 26.

## Outdoor Tips For Saving Energy

(Article taken from the Dominion website. For more information visit: [http://www.dom.com/customer/efficiency/res/tips\\_index.jsp](http://www.dom.com/customer/efficiency/res/tips_index.jsp))

When it comes to using energy wisely, don't forget the outside of your home.

- Take this test: If a playing card fits the crevice of an outside door or window, you need more weather strip-ping.
- Caulk and weather-strip to stop air leaks around windows, doors, exhaust fans and any other place where wires or pipes pass through walls. Replace any caulk that has cracks or is no longer soft.
- You can install storm and/or replacement windows, but they may not be the best use of your energy improvement dollars because of their high cost and long payback. A low-cost alternative is 6-mil plastic, which you can use to "make" storm windows. Be sure to stretch it as tightly as you can. If you use these homemade storm windows on the inside of your regular windows and attach them carefully, they can last through several seasons. You can also find homemade kits at home improvement stores.
- Keep out winter air by covering your window air conditioners tightly on the inside with thick plastic or special air conditioner covers. Weather-strip around the units to block drafts.
- Cover bare ground beneath your home with a vapor barrier to keep moisture from getting into your home. Polyethylene sheets work well. Since a third of your air conditioner's energy is spent removing moisture, vapor barriers can make a noticeable dent in your energy bills.
- If you have a crawlspace, open your foundation vents each spring and close them each fall.
- Planning to replace your roof? Consider roofing materials with reflective coatings and/or choose light-colored roofing to greatly reduce heat absorption.

## Animal Control Services

(This is an excerpt from the website: <http://www.fairfaxcounty.gov/police/animal/animal-control-services.htm>)

Animal Control Officers get involved in a wide array of encounters between animals and humans, whether it's a report of stray dogs, raccoons roaming around in living rooms, or possums poking into trashcans. ACOs are trained law enforcement officers responsible for enforcing county ordinances and state laws that pertain to animals and their treatment. The primary function of a Fairfax County Police Department Animal Control Officer is to help protect county residents while dealing with pets and animals as humanely as possible.

Call the Fairfax County Police non-emergency number at (703) 691-2131 to make a report. ACOs will respond to the following wildlife encounters/emergencies:

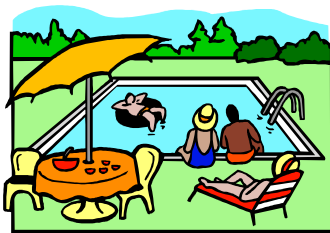
- In a home or business that poses a threat to humans or pets,
- Between humans or domestic animals that could result in rabies exposures,
- When wildlife shows signs and symptoms of rabies,
- When wildlife poses a threat to humans or pets,
- When wildlife appear sick or injured.

## Lincolnia Park Recreational Club

Did you send in your application to join the Lincolnia Park Recreational Club this summer? What are you waiting for? It's the best deal around!! Becoming a member will give you access to a fabulous swimming pool, lots of social activities, a swim team (if you have children), water aerobics, volleyball and year round tennis!!!

The pool cannot open without some spring cleaning. The remaining clean up days are May 2, May 9, and May 16. This is when current members can volunteer for four hours to avoid paying the \$75 work fee. This fee is not applicable to new members. New members merely sign up, come, and enjoy all that Lincolnia Park Recreational Club has to offer!! The late fee for submitting your application is also waived for all new members. So come join the fun today!!

If you need an application form, need any help completing the application form, or have any questions, please contact Christine Adams at (703) 256-1084 or email at: CTJTADAMS@COX.NET



## Farmers Market Returns to Mason District

The Farmer's Market returns every Thursday morning, beginning May 7, from 8 A.M. until 12 P.M. at Mason District Park, 6621 Columbia Pike in Annandale. The Farmer's Market offers vine-ripe produce, fresh baked goods, herb plants, and much more for your summer enjoyment. For a complete schedule of Farmer's Markets hosted by the Fairfax County Park Authority, and other activities, visit their Web Site at [www.fairfaxcounty.gov/parks/farm-mkt.htm](http://www.fairfaxcounty.gov/parks/farm-mkt.htm), or call (703) 324-5390.

## Volunteers Needed to Craft Dolls for Hospitalized Children

Volunteers are needed at the Lincolnia Senior Center to craft dolls for hospitalized children. Each Tuesday, a group of volunteers meet at the center, 4710 North Chambliss Street in Lincolnia, from 10 A.M. until NOON, to construct small stuffed dolls that offer comfort to children frightened by their hospitalization. The craft project needs volunteers to help in all the various steps to produce each doll: machine sewing of the cloth bodies, turning and stuffing, crocheting hair to attach to the head, and finishing details. Please call Avis Jarrett at (703) 941-3469 for more information.

## PUBLIC SERVICE ANNOUNCEMENTS

### Babysitters

Colleen Cook (12/89)..... (703) 256-5150  
Kala Orchard (12/90) .....(703) 941-2793  
Marisa Tordella (06/91).....(703) 642-2791  
(American Red Cross Trained Babysitter)  
Alyssa Welch (03/91).....(703) 658-0133  
Marley Garner (11/91).....(703) 642-0353  
(American Red Cross Trained Babysitter)

### Mother's Helper

Olivia Buckley (7/95)..... (703) 658-7084

### Lawn Service

Lawn Mower, Yard Work, Handyman Assistant  
Jordan Cowles (12/91)..... (703) 354-0018  
Christian Sacra (11/94) .....(703) 354-1610

### Pet Sitting

Alyssa Welch (03/91).....(703) 658-0133  
Christian Sacra (11/94) .....(703) 354-1610

## PAID ADVERTISEMENTS

Advertisers: please submit copy and payment to the editor by the **10th of each month.**

PLEASE WRITE CHECKS TO: LPCA

Ad expiration date is listed in parentheses ( ) at end of each entry. Mail all letters, articles, advertisements or announcements to:

Christine Adams  
5259 Navaho Dr., Alexandria, VA, 22312  
Phone number: (703) 256-1084  
E-mail: [ctjtadams@cox.net](mailto:ctjtadams@cox.net)

Ads are \$10 per insertion with a limitation of 100 words. A free month will be given to all who sign up for a year's worth of advertising in advance. Public service announcements are free. Public service announcements include announcements of events, activities, or listing of free services available to members of the community, or paid services offered by teenage members of the community. We reserve the right to select and/or edit all submissions.

### MIRA CONSTRUCTION

Need your house repaired? I do all home improvements, repairs, and remodeling. I do decks, doors, windows, kitchens, bathrooms, siding, basements, electrical, porches and additions. I am licensed and insured. If your house needs some work, give me a jingle. I give free estimates. Call Mira at (703) 321-8811 or (703) 408-0966-cell phone. Virginia Class "A" Contractor. (10/09)

## **HOUSE CLEANING**

Reliable experience—good references. Flexible scheduling—reasonable rates. We bring our own equipment. Weekly—biweekly—monthly—occasionally. One time-move-in/out-offices. For free in home estimate call Maryen/Raul at (703) 321-5335. (02/10)

## **KAREN HANNAM Realtor**

at Weichert Realtors in Annandale

If you are thinking about buying or selling a home, please give me a call. I can update you on today's housing market. Call Karen at (703) 627-1866 or email: [karenhannam@weichert.com](mailto:karenhannam@weichert.com) (09/09)

## **PET SITTING SERVICE**

Northern Virginia **4 Paws Pet Care** LLC, your neighborhood pet sitting service for all your pet sitting needs. Call (703) 615-3794. References are available upon request. Licensed & insured. (10/09)

## **BRADDOCK BAPTIST CHURCH**

Sunday School for All Ages: 9:30 A.M. Sunday  
Sunday Worship: 10:30 A.M. (Nursery Provided)  
Bible Study & Prayer Time: Wednesdays at 7:00 P.M.  
Mothers Day Out (MDO) for ages 2 1/2 years through  
Pre-K: The Pre School operates each week from 9:30 A.M.  
– 1:30 P.M. Tuesday through Friday.  
Pastor Timothy Corder  
Phone: (703) 750-2962  
6519 Braddock Road, Alexandria, VA, 22312  
[www.braddockbaptistchurch.org](http://www.braddockbaptistchurch.org) (06/09)

## **MILANO CONSTRUCTION**

A licensed General Contractor. Serving the Metropolitan area since 1973 and specializing in home improvement services with many happy customers. We: Design/Build Additions \* Complete Home Renovations \* Custom Kitchens & Bathrooms \* Laminate /Hardwood/ Vinyl Flooring \* Basement Remodeling \* Int/Ext Painting \* Plumbing & Electrical \* Decks/Gazebos/Pergolas & Wood Fencing \* Drywall Plastering \* Concrete\*Energy Saving Window Replacement \* Ceramic/Marble/Granite Tiles \* Roofing & Siding. We are insured and guarantee quality craftsmanship at a budget you can afford. There is no job too big or too small. For Fast \* Courteous \* Professional \* Reliable \*Skilled services call Michael at (703) 354-0044 or (703) 597-2044. References available upon request. (02/10)

## **SARA'S DAY CARE**

Family owned and licenced in Fairfax County. Located in Alexandria, Virginia 22312. Providing daycare for infants to children aged 13 years. Espanol/English. Contact Saraïd Vidaurre at Tel: (703) 642-8001 or Cell: (703) 989-8636. (12/09)

## **PIANO LESSONS FOR ALL AGES**

I teach children, adults, of all levels. Wish you had practiced when you were younger? I can give you a second chance. Annual recitals. Member of VFMC. Call Fred Krafft, 4730 Martin St. (703) 658-0428. (05/09)

## **IN-HOME PERSONAL TRAINING FOR WOMEN**

Do you exercise? Did you know that you can lower your cholesterol and blood pressure by exercising? Do you hate going to the gym? Or you don't belong to one or you just don't have the time? You can train in the comfort of your own home AND enjoy a great workout. Find a friend if you don't want to exercise alone and we can partner train. [www.KimPT.com](http://www.KimPT.com) or call me at (202) 413-1117. (05/09)

## **LAWN SERVICE**

Hello Lincolnia, Spring is back and all that back breaking work is as well. Give a call to your friendly neighborhood lawn guys Dan and Dave. We are offering top quality lawn services for reasonable prices. Call today (703) 928-6401 or E-mail: [dannergreen1978@yahoo.com](mailto:dannergreen1978@yahoo.com) (06/09)

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## **KITCHEN AND BATHROOM REMODELING**

Rarco Contracting has a dedicated team that specializes in remodeling baths and kitchens. Please call us for ideas, design and a free estimate. Visit us online @ [www.rarcoinc.com](http://www.rarcoinc.com) or email [contact@rarcoinc.com](mailto:contact@rarcoinc.com). Call today (703)256-1021. (12/09)

## **HOUSE/WINDOW CLEANING**

Reliable and experienced with good references. Free in-home estimate. Flexible scheduling. We provide our own equipment and cleaning supplies. Be stress free and call Dalila at (703) 354-6272. I offer cleaning weekly, bi-weekly, monthly, occasionally, move in /out, windows and offices. (02/10)

## **MOVING? JUNK REMOVAL**

Appliances and other large items removed. Lawn and tree waste removal. Items not accepted on Clean Up Day, taken away. Non-running or wrecked cars and trucks towed away. Call Claude at (703) 354-0172. (06/09)